

## T.M.-X-tremes

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This information is not presented with the intention of diagnosing or prescribing, but is offered for informational purposes only. In the event that the information is used without a Physician's approval, the individual will be diagnosing for himself. No responsibility is assumed and no guarantees of any kind are made for the performances or effectiveness of the items mentioned in this guide. All should seek a professional's advice before diagnosing for themselves.

**Vitamin B-12...** necessary for healthy nervous system, helps prevent pernicious anemia, involved in synthesis of genetic material (DNA), metabolism of carbohydrate, fat and protein. Appetite, blood cell formation, and cell longevity. *Therapeutic Application* ...alcoholism, allergies, anemia, arthritis, bronchial asthma, bursitis, fatigue, hypoglycemia, insomnia, and stress.

**Silica...**organic herb that is also known as horsetail and (equisetum arbense) which is changed by the body into readily available calcium. *Therapeutic Application...* nourishes nails, skin, hair, bones, and body's connective tissue.

**Potassium...** electrolyte needed to maintain fluid balance...proper heartbeat and nerve transmission. Muscle contraction. Works with sodium to regulate the body's water balance. Hypoglycemia, mental and physical stress can lead to a potassium deficiency...helps maintain normal blood pressure. *Therapeutic Application...* acne, alcoholism, allergies, burns, colic in infants, diabetes, high blood pressure, and heart disease.

**Chromium...**needed for blood sugar balance, glucose metabolism, helps bring protein to where it is needed. As part of the glucose tolerance factor (GTF), it works with insulin to regulate blood sugar levels. *Therapeutic Application...* Hypoglycemia, aids growth, helps prevent and lower high blood pressure...works as a deterrent for diabetes and arteriosclerosis.

**Manganese...** helps activate enzymes necessary for the body's proper use of biotin, B-1 and Vitamin C, tissue repair, bone structure, important in the formation of thyroxin, the principal hormone of the thyroid gland...necessary for the proper digestion and utilization of food, important for reproduction and growth...sex hormone production and central nervous system function. *Therapeutic Application....* allergies, asthma, diabetes, eliminates fatigue, aids in muscle reflex, helps prevent osteoporosis, improves memory, and reduces nervous irritability.

**Selenium...** excellent as an antioxidant, it is a constituent of glutathione peroxidase. Vitamin E and selenium are synergistic....preventing, or at least slowing down, aging and hardening of tissue through oxidation. *Therapeutic Application....*lowers cholesterol, aids growth, defends against infection, improves function of liver, pancreas and sterility in men. Improves elasticity of tissues, alleviates hot flashes and menopausal distress...dandruff...possibility neutralizes certain carcinogens and protection from some cancers.

**Zinc....** acts as a traffic policeman, directing and overseeing the efficient flow of body processes,...the maintenance of enzyme systems and cells. Essential for protein synthesis, helps the formation of insulin, maintains the body's acid alkaline balance, normalizing effect on prostate and is important in the development of all reproductive organisms,

*T.M.-X-tremes con't..pp2.*

important in brain function. Most zinc in foods is lost in processing or never exists in substantial amounts due to nutrient-poor soil. *Therapeutic Application...* accelerate healing time of internal and external wounds....gets rid of white spots on nails...helps eliminate loss of taste...helps avoid prostate problems...helps decrease cholesterol deposits...aids in the treatment of mental disorder, baldness, cirrhosis, diabetes and infertility.

**Magnesium...**necessary for calcium and Vitamin C metabolism...as well as that of phosphorus, sodium, and potassium...effective for nerve and muscle functioning. Important for converting blood sugar into energy. Known as the anti-stress mineral. Needed in many enzyme systems. *Therapeutic Application...* Lower cholesterol, depression, heart conditions, combined with calcium, can work as a natural tranquilizer.

**Calcium...**there is more calcium in the body than any other mineral. Builds strong teeth and bones, involved in nerve transmission and muscle contractions. Blood clotting heart rhythm...almost all the body's calcium(two-three pounds) is found in the bones and teeth. 20% of an adults' bone calcium is reabsorbed and replaced every year. *Therapeutic Application...*arthritis, aging systems, cramps, insomnia, menstrual cramps, and nervousness.

**Biotin...**synthesis of ascorbic acid requires biotin. Essential for metabolism of fat and protein....releases energy from food...needed for normal hair production and growth...has insulin like activity in lowering blood sugar.

*A proprietary blend of calcium sulfate diatomaceous earth containing over 68 trace minerals. Purified water, natural cherry and wild cherry flavoring.*

***Lead, Iron, Fluoride, aluminum and arsenic have been precipitated out of this product and minimized.***

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.
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